



P.O. BOX 1284 ESCANABA, MICHIGAN 49829-1284

U.P.R.C. 14th Annual Fall Conference will be held on Wednesday, October 9, 2002, in Escanaba at the historical House of Ludington. Registration will begin at 8:00 a.m. CST with the conference beginning at 9:00 a.m. A continental breakfast and lunch is provided.

Once again, the conference will recognize the best recycling organization and the best individual in the Upper Peninsula with the awarding of the U.P. Recycler of the Year Awards. These awards are meant to inspire the spirit of recycling throughout the Upper Peninsula of Michigan. Should a member know of an organization or an individual who is an inspiration for recycling, please feel free to fill out a nomination form.

This is YOUR conference! If anyone has an IDEA... SILENT AUCTION item ...RECYCLER OF THE YEAR nominee, please let us know. But, most important, we want to see you on October 9th. Any questions, call Terry Barnes at 906.774.9006 or Jim Vicenzi at 906.786.9212.

See you at the Conference!



Silent Auction ... Raffle

Again this year, a "Silent Auction" and "Raffle" will be part of the Fall Conference.

Prize donations are being solicited for this year's event. If you have a donation, please either get it to Steve Williams, c/o Men-O-Mee Activity Center, Box 215, Hermansville, MI 49847 ... or bring it with you on the day of the conference.

ALL donations are greatly appreciated.

If you have questions, please call
Steve Williams at 906.498.7743.

TRICO Opportunities, Inc. Sees Steady Increase in Recycling

Since beginning the recycling program in January of 2001, both the community drop off and the document destruction service offered by TRICO have increased. Many magazines and newspapers are received from the general public, along with some office paper and cardboard. Local businesses, schools, and church organizations utilize the drop off service ... listing convenience as one of the main factors. The general public of our area, along with local businesses, support the efforts of TRICO in being a leader in our community to provide work skills and training for persons with disabilities.

The document destruction service offered has gained many more accounts, with some being "one time document purging", while others use the service weekly or monthly. TRICO has offered this service for businesses since 1994 and plans on increased business as our reputation grows.

For more information about the drop off site or the document destruction service, please contact Pete Rossato at TRICO Opportunities, Inc. at 906.774.5718.

Pete Rossato

TRICO Opportunities

!! NEW THIS YEAR !!

"YOUNG RECYCLER AWARD"

At our annual conference on October 9, 2002 at the House of Ludington in Escanaba, we will be presenting \$100 cash awards to the top contestants in three age groups: GRADE SCHOOL, JUNIOR HIGH (or MIDDLE SCHOOL), and HIGH SCHOOL. We also invite two school representatives to attend the luncheon to receive the awards.

If you are interested in applying for these awards, please submit a report on an existing or new program in your school that you feel encourages educating, reusing, and/or recycling.

We feel the involvement by youth will encourage innovative thinking, promote lifelong conservation habits, and allow us to showcase creative projects.

Please send your reports to:
UPRC P.O. BOX 1065, Escanaba, MI 49829
by September 29, 2002.

After the Sporting Clays event, participants are encouraged to join the golfers and other conference attendees for an "on your own" meal and refreshments in the lounge at the House of Ludington in Escanaba. The events and post-events gathering will provide great opportunities for networking with others involved with the conference and recycling.

For more information, or reservations for the Sporting Clays outing, contact Steve Williams at 906.498.7743 days or 906.497.5576 evenings.

Sign Up NOW. . .

A "9-Hole Golf Scramble" will be held on October 8, 2002 at 4 p.m. at the Escanaba Country Club (1800 Tenth Ave. South, Escanaba). Cost is \$18 per person. Deadline to sign up is September 30, 2002. Call Kathy Paulson at 906.789.2505 for details.

PRE-FALL CONFERENCE 2002: Sporting Clays Outing

As part of the 2002 Fall Conference, a Sporting Clays outing at Orchard Hill Sporting Clays range in Bark River is planned for October 8, 2002 at 4:00 p.m. EST. This event is being held at the same time as a golf outing at the Escanaba Country Club.

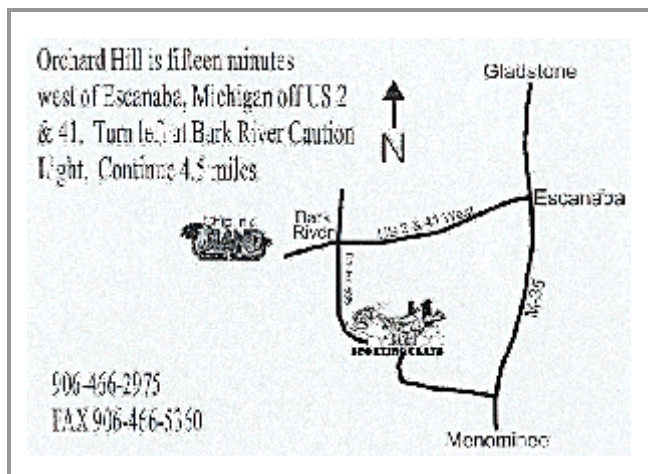
Sporting Clays is similar to "trap" and "skeet", but done over a course consisting of ten or more shooting stations, which provide a great variety of clay target presentations. This outing can be enjoyed by either the novice or experienced shotgunner.

STAR INDUSTRIES

"... environmentally appropriate ..."

Star Industries not only disposes of and recycles ten or fifteen tons of paper each week – but also destroys all of the regulated medical waste in the Upper Peninsula. Star picks up from every hospital, from the doctors' offices and clinics and dentists, veterinarians and colleges, and, in all, over 200 locations throughout the U.P. and northern Wisconsin. For the past eleven years, the waste has been shipped out of the area for incineration, but in January 2002, Star put its new steam autoclave on-line. The unit, built by ICES in Stanley, North Carolina, is a round cylinder about six feet in diameter and ten feet long, and heated by a three million BTU/hour boiler. The autoclave vessel, better known as a "kier", holds about 1,000 pounds of medical waste per batch. Each charge of waste is processed with a vacuum, high-temperature high-pressure steam, vacuum cycle lasting 35 to 45 minutes. The cycle is designed to assure that even liquids in containers (such as test tubes) are exposed to treatment by the extremes of the autoclave.

Treated waste was transferred to the Marquette County Landfill for interment in a specifically designed area. Not all waste, however, can go to a landfill. A small portion of the five or six tons a week that Star collects is either chemotherapy or "pathological" waste, both of which are required to be treated by incineration. The chemo and patho waste is



accumulated at Star until a shipment is ready to be dispatched to an incinerator.

There. You always wondered what happens to used needles, didn't you? Now you know that they are taken care of by a member of the U.P. Recycling Coalition. By the way – there's no practical way to recycle the medical waste materials that Star picks up. We've investigated quite thoroughly. However, Star has instigated a change that will reduce the amount of corrugated used – currently about 1,000 pounds of boxes each week, none of which is reusable (but is

recycled). Anyway, many of Star's customers are candidates for reusable containers that will soon be available. While these new units are made of plastic, not corrugated, the sturdiness and convenience should provide a very positive benefit to both customers and Star. Yes, there is recycled plastic content in the new tubs.

For more information visit Star Industries at www.infodestruction.com

14th Annual U.P.R.C. Fall Conference

**Wednesday, October 9, 2002
House of Ludington, Escanaba, MI**

- **GOLF OUTING – Tuesday, October 8 ... 4 p.m.**
- **SPORTING CLAYS OUTING – Tuesday, October 8 ... 4 p.m.**
- **Recycler of the Year Awards**
- **Silent Auction**
- **NEW this year: “YOUNG RECYCLER” cash awards – grade school, junior (or middle), and high school**
- **EXHIBITOR SPACE available at no extra cost with regular conference registration**
- **JOIN the UPRC today ... or RENEW your membership now!**
- **Attend the conference ... Encourage others to attend!**
- **Check Out our WEBSITE: www.uprecycles.org for details . . .**



Do-it-yourself: Stop junk mail, email and phone calls

A free guide to reducing unwanted or intrusive advertising

Junk mail may seem as inevitable as death and taxes, but with a little patience there are effective ways to tackle the problem. This guide provides clear, simple and proven reduction techniques. About 20 minutes investment now will clear the junk for between two and five years.

General Techniques

Your name, address, and buying habits are a commodity that is regularly sold & traded on the open market. These days organizations you deal with virtually all sell your name unless you specifically ask them to stop. Here are some general techniques:

- Whenever you donate money, order a product or service, or fill out a warranty card, write in large letters, "Please do not sell my name or address". Most organizations will properly mark your name in the computer.
- Product warranty cards are often used to collect information on your habits and income, for the sole purpose of targeting direct mail. They are not required in most situations - avoid sending them.
- On the telephone, ask "Please mark my account so that my name is not traded or sold to other companies".
- Your credit card company probably sells your name the most often. Call them and ask them to stop.
- "Contests" where you fill in a little entry blank are almost always fishing expeditions for names. If you fill one out at a football game, for example, expect to get a catalog of football merchandise within a few months. Avoid these if you don't want the mail.
- Select a false middle name or initial for each charity or business you deal with. Keep track of which letter goes with which organization. You can also select a false road designator, "avenue, place, circle, street, highway, parkway, etc.". This step can be very revealing. Some guides recommend changing the spelling of your name, but this can lead to duplicate mailings.

To stop specific types of unwanted paper mail

The amount of paper junk mail sent each year in the USA is staggering -- some 4 million tons, nearly half of which is never opened. Even if you recycle there are still enormous environmental costs in terms of ink, energy to produce deliver and recycle the paper, recycling inefficiencies and loss of virgin forest to create the high quality glossy paper much junk mail uses. There is a lot you can do to reduce the cost to the environment and your own time:

- **First class mail:** Cross out the address and bar code, circle the first class postage and write "refused: return to sender". Drop in any mailbox, it will be returned to the sender.

- **Bulk mail:** The post office throws away bulk mail it can't deliver, so *returning it does no good*. Bulk mail is the hardest to deal with because the USPS actively provides addresses, support and encouragement to mailers. However, if "address correction requested" is written on the label: circle "address correction requested" and treat like first class mail.
- **Credit offers:** The major credit agencies all sell aggregate credit information any bidder. Direct mail and credit companies generate mail based on demographics including zip code, income band and credit payment patterns. Stopping this is easy, you just need your address, former address within two years, and social security number. One call does it all for agencies Equifax, Trans Union, Experian and Innovis. Dial 1-888-5 OPT OUT (or 1-888-567-8688) 24 hours a day.

FOR MORE "DO-IT-YOURSELF: Stop Junk Mail, Email, and Phone Calls, visit:

www.obviously.com/junkmail/index.html